

Veggie Bingo

Player Name: _____

B	I	N	G	O
I ate three servings of veggies in one day	I ate a green leafy veggie	I ate a red veggie	I helped prepare veggies for a meal (ex. wash, peel or slice)	I tried a new veggie
My plate was half filled with Veggies	I ate veggies with breakfast	I can name three veggies	I made a picture of veggies I like to eat	I ate a purple veggie (ex. eggplant, beets)
I ate veggies with lunch	Picked a veggie to eat (at the store, at the farmer's market or in the garden)	FREE	I ate a green leafy vegetable	I can name two reasons why I should eat veggies
I ate a yellow veggie	My plate was filled with color	I tried a new veggie	I ate veggies for a snack	I ate a green veggie
I ate veggies for a snack	I ate an orange veggie	I can name two veggies I like to eat	I drank my veggies (ex. green smoothie or vegetable juice)	I ate veggies with dinner